

## President's Report

### **PACFA AGM August 2009**

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## CEO's Report

### **Progress towards our Goals**

It is pleasing to report significant progress towards the objectives established at my first AGM two years ....>[full report](#)

### **Representations to Government**

In 2010 the Australian Government, through the Council of Australian Governments (COAG), will introduce national legislation with respect to the registration and accreditation for health professions in order to protect the public from unsafe health practitioners and to reduce duplication of registration processes across all states and territories. The scheme is being introduced in the context of current and emerging workforce shortages in the health industry and the perceived need to protect the public interest through a national health workforce initiative. ...>[full report](#)

## Training Standards Committee Report

### **Report from the 2009 PACFA AGM**

My apologies for not being able to attend the AGM and I offer the following brief report as a summary of the committee's action throughout the past year  
... >[full report](#)

## Ethics Committee

### **Some Reflections on Ethics, Complaints and Reparation**

Ethics is the conscious reflection on our moral beliefs with the aim of improving, extending or refining those beliefs in some way (Hinman, 2008).... >[full report](#)

## Also in this edition

- ❖ **Press Release on New Senate Enquiry into Suicide in Australia** ...>[read more](#)
- ❖ **Announcement**...>[read more](#)
- ❖ **Training and Professional Development**...>[read more](#)
- ❖ **PACFA Advertising Guidelines**...> [read more](#)

### **From the Editor**

PACFA has recently held its AGM and Council meeting in Melbourne. In this edition, you can see some photographs of the Council at work together with some of the reports tabled at the AGM. All reports, the ARCAP constitution and AGM agenda are available on the website. (Photos of Council at play, perhaps next time!)

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...>[read more](#)

## From the Editor

***Welcome to the September edition of eNews, a newsletter for counsellors/psychotherapists; students and trainers.***

PACFA has recently held its AGM and Council meeting in Melbourne. In this edition, you can see some photographs of the Council at work together with some of the reports tabled at the AGM. All reports, the ARCAP constitution and AGM agenda are available on the website. (Photos of Council at play, perhaps next time!)



An emerging theme seems to be one of a 'new life' that is determined to assert itself in a feisty manner. Tensions surrounding the birthing process seem to have changed to a struggle for identity and a clear identity as separate and distinct.

Part of this identity search led to the tabling of a motion regarding definitions of counselling and psychotherapy which will continue as a discussion in process.

What do **you** think of the terms 'Counselling and Psychotherapy? As Hugh Crago (*ANZJ Fam Ther., 2000, Vol.21, No.2, pp73-80*) asks: " .....: Is There a Difference? Does It Matter?" ***We would like to hear from you in this regard. What is it that you consider you do and why? Is it counselling? Is it psychotherapy?***

Also in this edition is a reminder to book a place at the upcoming conference. Be part of 'history in the making' with the first joint conference of PACFA and ACA in Canberra in October. See page 12 for more information and an introduction to keynote speaker Professor Peter Baume whose presence and wisdom we will have the privilege of experiencing as he opens this inaugural event.

In addition to or perhaps in conjunction with the identity search, are the meetings and discussions with Government representatives, health insurers and community organisations regarding the new ARCAP register. What is needed also is a media awareness campaign, to assist the public in becoming more aware of the exciting changes in the development of the profession.

See page 15 for details on a New Senate Enquiry into Suicide in Australia (FED) as brought to our attention by Simon Tatz of the Mental Health Council of Australia.



We will have more information in next edition from Maxine Rosenfield of CAPANSW regarding an exciting opportunity for their members and as sanctioned by Nicola Roxon, Health Minister.

Linking to the recognition such as has occurred for Maxine and CAPANSW members, a reminder to ensure that you do your part in contributing to research that has the potential to increase our standing in Government and community opinion. ***There is still time to complete the online survey as invited by Margot Schofield and her team; please visit Survey website: <http://www.thissurvey.com/apcws>***

In the Ethics report, Elisabeth Shaw (linking to Hinman, 2008) reminds us of the need for judgement to be approached in a spirit of humility and reflection when considering challenging a colleague's behaviour in addition to the need to maintain a steady and constant dialogue with our committees in searching for the best response to dilemmas in our field. Essential to that is the ability to take a stand at times, when our tendency may be to lean towards 'understanding'. She goes on to say that "many mistakes are ordinary, repaired by straightforward reaching out within relationships, for example, with an apology." See page 11 for full report from Elisabeth.

An introduction to the new Chair of training standards Dr Alison Strasser is included in the Training Standards report in addition to a farewell from exiting Chair, Karen Anderson.

In an effort to become more visible and available, you can now contact eNews directly via email address: [enews@pacfa.org.au](mailto:enews@pacfa.org.au). Look forward to hearing from you on any topic. Deadline for information to be included in November eNews is 15<sup>th</sup> October.

Warm regards

**Rosemary Watkins**  
Editor

## President's Report

### PACFA AGM August 2009

It just takes a quick glance at the Agenda for this AGM to let anyone know that this is an organisation that is vibrant and alive and pulling and pushing itself into a shape and that will eventually be clear about its function, the roles of all in it and what the lines of authority are.

The Agenda is an interesting, exciting, and probably, in part, an anxiety provoking one. I look forward to the debates and the outcomes. To my mind they are timely, potentially fruitful, herald conversations that have been brewing for years and most importantly bespeak an organisation that is able and willing to have them.

It has been at times in the last 6 months a very uncomfortable ride on the Board. You don't have people resign from the Board without pausing for thought, you don't have motions asking for Minutes of Board meetings to be distributed automatically without wondering, you don't have the debate about Counselling and Psychotherapy without thinking about splitting and of course the ICP matter has rattled all. So in raising these debates here we raise anxiety and give voice to forces that are structural, political and psychological, and potentially destructive. However whilst saying that, through all this difficulty and discomfort I think we are all clearer about why we are involved, things that needed to be said have been said or are being said.

I have been involved in this organisation from two years before PACFA officially formed 11 years ago, I have been on committees since that beginning, on the Board for 10 years and in that time and as PACFA has gained in status and power and has been given increasing authority by the profession, so too I have witnessed an increase in countervailing forces. These come from within and without and are commonplace in any society or organisation.

We though are young and are therefore vulnerable. There are those outside the profession who would love to see us continue to be divided. Those in the profession have various agendas and concerns and with the best will in the world. We here today need to be considered and remember that we are forming a cohesive profession whose task is to serve the public interest.

We are particularly vulnerable because our structures and procedures are still being formed. I, for example, do not have a definition of my role and it has taken me a while to realise what it is. I quote from an earlier AGM when John O'Neill was the CEO.

"In his report he identified the role of the Board as being to create the future not to mind the shop. In terms of PACFA itself he identified the problem that we are a peak body but questioned PACFA's ability to enforce standards and in terms of our task today he sees it as one of the risk factors that PACFA is a part time organisation both in terms of its staff as well as its officers. This makes it slow to respond and makes it difficult to build momentum. What is very clear and something that has been approved both at Board and Council level is that the structure of PACFA has to change to reflect the way that it now sees itself and what its purpose is. This view in itself has been modified as we have struggled over the last 10 years by trial and error to find out exactly what we are and therefore what our priorities and concerns are and consequently what our structure must look like. "

**Motion:** *The Council endorses the CEO's suggestions to review Governance structures and requests the Board to undertake this review with the CEO, remembering the principals discussed and present a progress report back to 2007 AGM. (The principles noted included a) Efficient governing (including needed skills), b) Credibility with Government and the community c) Issues regarding representation of member associations and sections d) Best practice in professionalisation*

This is the sort of thing that has fallen by the wayside since the beginning and in my term has fallen down the priority list by dint of the other things that have been happening. However the Board has begun the process of drawing up structures and lines of authority and in the next 6 months I intend to make sure that I make myself and members of the Board available for consultations around the country.

The next 6 monthish is definitely the time when this sort of tidying up has to be undertaken, down to the years of filing that sits in the PACFA offices. The office has been through a very big time and they too are crying out for a consolidation phase.

On a darker note I do want to appeal to you to be considered when you interrelate with staff. I have been getting reports of staff being upset by angry members. If you have a problem that requires that kind of conversation can I ask that you address it to me or the CEO.

We are also financially vulnerable. We are in a game with some very big hitters. Our budget is relatively small and compared with other similar professional groupings our fees are small. New Zealand psychotherapy, for example, is now statutorily registered and they have just raised their fees to nearly \$1000 from nearly \$700 and cite the need to have high fees to set themselves up.

Name of MA	Billing			Members Listed on PACFA Reg		
	2007/08 Members	2008/09 Members	2009/10 Members	Clinical	Provisional	Total
AABCAP			40.0	-	-	-
AAGP	31.0	34.0	34.0	7.0	-	7.0
AARC	154.0	190.0	197.0	106.0	-	106.0
AASCPC	16.0					
AASP	30.0	27.0	35.0	26.0	9.0	35.0
ACrP	19.0	23.0	22.0	11.0	3.0	14.0
AHA	18.0	18.0	18.0	9.0	-	9.0
ANZAP	115.0	144.0	152.0	64.0	5.0	69.0
ANZPA	27.0	32.0	31.0	9.0	-	9.0
ANZSJA	42.0	38.0	44.0	15.0	-	15.0
APC	37.0	36.0	52.0	48.0	10.0	58.0
APAS	61.0	68.0	63.0	24.0	-	24.0
ARBCPA	8.0	8.0	7.0	2.0	-	2.0
ASCP	21.0	19.0	20.0	19.0	7.0	26.0
ASIA	13.0	16.0	17.0	14.0	10.0	24.0
ASOCHA	26.0	31.0	70.0	29.0	7.0	36.0
ATERC	48.0	47.0	41.0	16.0	7.0	23.0
CAPACAR	41.0	44.0	44.0	33.0	3.0	36.0
CAPANSW	367.0	399.0	423.0	256.0	82.0	338.0
CAPAV	46.0	96.0	105.0	58.0	20.0	78.0
CASA	117.0	150.0	131.0	36.0	50.0	86.0
CCA	40.0	34.0	20.0	13.0	-	13.0
CCAA	73.0	165.0	183.0	92.0	53.0	145.0
DTAA	14.0	15.0	17.0	5.0	3.0	8.0
GANZ	177.0	172.0	139.0	56.0	25.0	81.0
Hakomi	8.0					
ICP	18.0	20.0	17.0	1.0	4.0	5.0
MCCP	10.0	15.0	17.0	5.0	1.0	6.0
MIAA	16.0	16.0	17.0	2.0	-	2.0
MIECAT	16.0	4.0	5.0	6.0	-	6.0
NSWIFP	9.0	13.0	11.0	11.0	-	11.0
PACAWA	108.0	145.0	144.0	82.0	19.0	101.0
PCA (Tas) Inc.	38.0	46.0	36.0	25.0	4.0	29.0
PPAA	207.0	206.0	206.0	43.0	-	43.0
QAFT	55.0	66.0	66.0	40.0	-	40.0
QCA	129.0	134.0	117.0	93.0	16.0	109.0
SCAPE	81.0	70.0	55.0	16.0	-	16.0
VAFT	506.0	433.0	434.0	93.0	3.0	96.0
WPATA	28.0	25.0	46.0	18.0	9.0	27.0
	2,770.0	2,999.0	3,076.0	1,383.0	350.0	1,733.0
# of MA's	38	36	37			
Per Capita fee	\$273,700	\$408,944	\$419,443			
MA Fee	\$20,781	\$20,000	\$20,000			
Total MA fees	\$294,481	428,944	\$439,443			

## SECTIONS

### Body Oriented

AASP	35
ARBC	7
ASIA	17
Hakomi	8
Total	67

### Experiential

ASCP	20
ATERC	41
ANZPA	31
ARBC	7
Gestalt	139
Hakomi	8
MIECAT	5
Total	251

### Expressive Arts

DTAA	17
MIECAT	5
MIAA	17
Total	49

### Family/ Relationship

AARC	197
NSWIFP	11
QAFT	66
VAFT	434
Total	708

### General Counselling / Psychotherapy

APC	52
ASOCHA	70
AHA	18
CCAA	183
CCA	20
CAPACAR	44
CASA	131
CAPA NSW	423
CAPAV	105
PCAT	36
PACAWA	144
QCA	117
WPATA	46
Total	1389

## SECTIONS

### Hypnotherapy

ASOCHA	70
AHA	18
Total	88

### Integrative Psychodynamic

ANZAP	152
AASP	35
ASIA	17
ICP	17
MCCP	17
Total	238

### Psychoanalytic

ANZSJA	44
AAGP	34
ACrP	22
APAS	63
PPAA	206
Total	369

### SCAPE

55

Before I go on I do want to say a thank you to the Board and staff of PACFA. They all work very hard and diligently and in the case of the Board on top of their jobs and families. I particularly want to thank Ethics, the Chair and Committee but also those who have been Case Officers and Chairs of Complaints Committees in very difficult and pressured situations. I also want to thank Gabby Skelsey who fearlessly agreed to act for the Board in the matter of the ICP. I would also like to give a blanket apology to any that have not had an email responded to by me.

All of that having been said, I do want to herald some of the things that must be addressed in the near future. I will also ask the Vice President to give her report on the future as seen from her eyes as Vice and as someone who is very much in touch with developments in the profession.

Some of these matters I'm raising will be dealt with at this meeting. The debate mooted by the motion put up by the Reference Group is one particularly welcomed by myself. On that first Register Committee all those years ago, the Sections were seen as a very important element in the evolution of theory, inter MA dialogue and perhaps democracy. This motion suggests that the Reference Group and this Council also feel that. At the same time, though, should we think first about what it is that is being addressed by this motion.

As I understand it it is about increasing participation in a way that is manageable. Are sections the best way to do that? Would we be better, for example, using a State based system where there is greater chance of face to face contact and collegiality, where there would inevitably be a mixing up of modalities and therefore dialogues and conversations that go across theoretical orientations and focus more on the profession as a whole.

Whatever is decided I also want to mention here that there are Budget constraints on this kind of meeting and it will be mooted that there be only on weekend meeting like this.

Earlier I mentioned the debate about Psychotherapy and Counselling. This is one that we have dipped a toe into, having a go at defining the two terms two years ago. Perhaps I am wrong but I suspect that there are undercurrents in this debate that are possibly treacherous. We are unusual in remaining together, and right from the beginning the British experience and their words rang loud in our ears: Don't do what we did, stay together! There are tensions though. What do we each do and are they fundamentally different, are the outcomes different? Are we trained differently? Are the levels of training different? Are the opinions we each have of each other based on fact or assumption? How do the public view psychotherapy and counseling? All of these things should also be the subject of Research and there has already been some preliminary work done on setting up a Practice Based Evidence System.

Linked with that, and one of the topics that should be borne in mind rather than being something that has to be debated this weekend, is the state of play with regards to the MAs in PACFA and the numbers of members that each has on the Register. I have grouped them by section and just looking at them, at the very least there needs to be a re-affirming of the model as laid out at the beginning or a re-thinking. Is this the form of democracy that you want?

Looking at the chart, one thing that comes to mind the other is that is this the best way to organize a profession. It ticks the diversity box but my concern, as someone who has been involved in running therapy associations for 20 years is that at the size some are the majority of members' time is going to be taken up with the admin task of running an organisation and the majority of finances similarly. Again I herald this for debate, is it possible to come up with a more efficient way of administering and regulating ourselves such that our time is freed up for doing what we surely would rather be doing, working on the theory, credibility and professional development of the profession?

Putting up this chart also raises two separate but sort of related issues. They have got jumbled up of late and were always confusing in the past.

The first relates to that old chestnut, finances and fees paid by your associations to PACFA. I want to focus on just one aspect of finances and it is really the simplest part. The per cap fee was simply an attempt to make the way in which PACFA was financed fair i.e. the larger the organisation the larger the fee. It has been understood in all sorts of different ways and misunderstood as well. Simply put the fee is levied on the number of full members each Association has who meet the minimum PACFA training requirements that were relevant at the time that person joined the association.

Those training requirements have now moved on apace since they were first laid out. Deciding how many members you each have, as I am given to believe has also become unnecessarily complicated. There are different ways that the fee could be worked out which could use much firmer numbers which are easier to assess and would minimize the amount of bureaucracy used to send you all your invoice each year. Probably the best, most reliable and fairest would be to use the number of Clinical and Provisional members in each association and base the per cap on that number. To enact that system we would have to take the PACFA budget and divide it by the number of people and that would give us the fee. I raise this now to prepare the way for proposals in the future and if there is time later in the weekend perhaps some preliminary debate.

I would like to also talk about ARCAP and then come back to future decisions. After some interesting moments we all of us finally signed the deed and constitution and I have a greater appreciation of the danger involved in non face to face negotiations when it comes to delicate matters which have a long organizational and personal history. Then a couple of weeks ago the PACFA CEO, the ACA CEO and myself all went to Parliament House to meet with Dr Meredith Arcus and Virginia Hart, Adviser to Minister Roxon and Mental Health Reform Branch respectively. We were there to tell them that ARCAP was now up and running and to present them with the relevant documents, Constitution and so on. For the first time we were received well and got longer than our allotted time rather than the usual shorter. They were both very interested, keen to be kept up to date and it, felt to me, would bear in mind the things we said about the experiences in other similar countries, where Counselling and Psychotherapy have not managed to stay together. They also gave us an update on the report on the Better Access Initiative. We were invited to contribute as stakeholders to one of the 8 strands being conducted. That strand was being undertaken by KPMG. It was due out about now but will be delayed to the end of the year so that they can get more input from carers and consumers. What this meeting underlined was that the relationship between ourselves and ACA has markedly changed. There is increasing collegial collaboration and this meeting at Canberra was well coordinated and without rancour.

The negotiations with the Private Health Insurance companies have already begun. So far Australian Unity has been approached and been positive. For them it represents the option of prevention being better than later intervention and being able to offer something that is appreciated by their members. The two CEO's, as often as possible accompanied by a PACFA Board member, have begun to make sure that Counselling and Psychotherapy are included in the insurance benefits available. You will remember, I am sure, that it was out of the Private Health Insurance Act, it being offered only to Allied Health professions or those who met equivalent standards of regulation and training, our attempts to join the Allied Health Professions, our being kept out, our success in gaining leave to come under the act if we were able to show equivalence, the consequent setting up of ARCAP and so on.

In the same vein it was a great relief to me to be able to stand my ground with journalists when being interviewed about the Coronial Enquiry into the death of someone who had undertaken a self development course. I was able to say that there is a self regulatory process in place that makes clear who is qualified to call themselves a member of this profession, that is being taken seriously by government and also say that indeed people calling themselves psychotherapists or counsellors but not belonging to the recognized professional associations is potentially dangerous.

So back to the future, to coin a phrase. You will again probably remember from our earlier discussions and debates, that in order to be effective self regulation has to take into account everyone, include them in the net, sort out those who are qualified to practice and those not and then be able to take steps to enforce that. At the moment that is only partially the case in PACFA. As a profession we have to ensure that all of the people who work as psychotherapists or counsellors, be they fully qualified Clinical Members or people in training who may work in a clinic under close supervision, all of them are known to the Accrediting body, in this case ARCAP. All have to have signed the undertaking to abide by the rules of the profession and most importantly have to comply with the requirement that only those deemed eligible can call themselves ARCAP Psychotherapist or Counsellor. To do that names and details would need to be lodged at ARCAP. At the moment that is not the case. As I understand it some associations do not know the details of trainees and Associates, maybe do not hold details of Clinical members. PACFA and therefore ARCAP receives different details from each Association. From some it gets only Clinicals, from some it gets the number of those who meet minimum requirements but not their details and so on. Again this is something that I am heralding for debate. It has always been a delicate issue, the information that PACFA and now ARCAP holds from the records of the Member Associations and I know it has raised hackles recently. All this will almost certainly be part of any conversation about auditing and I raise it now as a precursor to the in depth debate that has to be engaged with about the future form and regulation of our profession.

Perhaps on a lighter note you also have before you a motion for a proze. I hope this is the swallow that indicates the Spring of mature profession, one that at last is able to regulate those qualified to practice but that also has the space to think about its exemplars.

**Tim Johnson-Newell**  
**PACFA President**

## CEO's Report

### 1. Progress towards our goals

It is pleasing to report significant progress towards the objectives established at my first AGM two years ago including

- Expansion of the National PACFA Register from 339 Registrants to 1500 Registrants and membership of Member Associations to 2999 members by the end of the 2008/9 financial year.
- Development of an Australian Register of Psychotherapists and Counsellors (ARCAP) that will assist in gaining government recognition for those members of these professions seeking equal status with other Mental Health Professions that have been afforded MBS status;
- Confirming new Objects and directions of PACFA as the recognised professional voice for most Member Associations amongst allied health professionals who practice as registered psychotherapists and counsellors;
- Gaining ATO acceptance of PACFA for Direct Grant Recipient (DGR) Status for research and development funds and receipt of a number of grants for the consolidation and development of professional registers.
- Establishment of a closer relationship with Government and private health insurance agencies to gain recognition of the professions of Psychotherapy and Counselling for rebate purposes.
- Accreditation of new courses for Counselling and Psychotherapy across Australia and an increasing interest in extended professional development.
- Building a platform the establishment of Mental Health Practitioners as a new section of the PACFA and ARCAP Registers including mental health practice standards and a Code of Conduct for the professions.

The special and outstanding efforts of Caroline, Laura, Anne, Susan and Julia in managing this substantial increase in workload is deeply appreciated in an organisation that, unlike peer professional organisations, has no full time staff. It goes without saying that a tremendous debt of gratitude is owed to the volunteers who maintain the professional associations that have taken on the necessity for qualifications review, supervision endorsement and registration

requirements and to all PACFA Board Members who have directed this progress.

## 2. Representations to Government

In 2010 the Australian Government, through the Council of Australian Governments (COAG), will introduce national legislation with respect to the registration and accreditation for health professions in order to protect the public from unsafe health practitioners and to reduce duplication of registration processes across all states and territories. The scheme is being introduced in the context of current and emerging workforce shortages in the health industry and the perceived need to protect the public interest through a national health workforce initiative.

During the process of consultation for these changes the Government has recognised that PACFA and the ACA are professional stakeholders in the evaluation of the impact of the Better Access initiative (BAi). Both organisations have met with Dr Meredith Arcur, Ministerial Advisor to the Hon. Nicola Roxon, Minister for Health and Ageing to press for recognition of the professions. Copies of the Constitution, Code of Conduct and Standards for Mental Health Practitioners have been provided to the Minister (copies attached to this report.)

The assistance of MAs that forwarded valuable responses to the questions provided by the KPMG Review Team is appreciated. In our submissions it has been pointed out that: based on case experiences and evidence of closures of the practices of counsellors and psychotherapists and documentation of negative impacts of the current BAi:

- there is a consequent mal-distribution of resources away from areas of high need for counsellors and psychotherapists towards areas of above average levels of social inclusion, resulting in disruptions to the workforce
  - there is a greater measure of pressure on GPs required to prepare over a million mental health illness plans that assume a link between mental disorder and mental illness with subsequent long delays and waiting lists for access to rebated psychologists, social workers and authorized mental health personnel
  - there is an under-utilised workforce qualified professional personnel that has a national credentialing system for counsellors and psychotherapists that are able to provide national mental health practitioners across the country that is equal in number to that offered by clinical psychologists and social workers.
- There has been no notable increase in the national access to the delivery of services since the introduction of the BAi. Research from the MHCA has shown there has been a marginal increase in access for younger Australians and males are still under represented. The current demand reflected by waiting lists will not be addressed through new graduates as their numbers remain no greater than prior to the introduction of the BAi and there has been a very significant reduction in the referrals from GPs to Counsellors and Psychotherapists who do not have MBS Provider numbers compounding access issues for marginalised communities.
  - Consumer's ability to pay gap fees and provider's ability to earn high incomes in certain areas with specific populations will continue to represent a divide as to who can access and who cannot access services as a whole. Once clients are made aware of the gap payment, they find they are unable to maintain services for more than a short period. and with the global economic down turn, even middle income earners are challenged to meet gap payments. Lack of access is compounded by a decrease in existing services delivered by NGO's and counsellors in private practice shutting their doors as demand for their services diminishes although demand has increased.
  - PACFA considers the Better Access initiative has been successful in creating greater awareness of mental health services by general practitioners and increased demand for mental health plans in accord with the intentions of the BAi. This has had the impact of shifting the focus towards access and effective and appropriate treatment of mental illness and, potentially, recovery where medical expertise is a requirement. It has not increased the access to mental health services that are directed towards the prevention and early detection of mental illness.
  - The BAi has an inherent bias towards treatment of mental illness rather than a wider view of mental disorder that includes primary prevention, emotional and social wellbeing and recovery as well as counselling and psychotherapy services required by carers and families of those with mental disorders. A mental illness or disorder is a diagnosable illness that significantly interferes with an individual's cognitive, emotional and/or social ability. There are different types of mental disorders, e.g. anxiety, depression, panic attacks, stress, and substance abuses and these different disorders may all occur with different

In the process of consultation with the KPMG consultants, it was possible to establish a number of key concerns with the Better Access Initiative including:

degrees of severity. Mental health problems that need to be recognised in the BAI often emerge as a result of life stressors as having a negative impact on a person's cognitive, emotional and social abilities that can lead to mental illness without early diagnosis and referral.

ARCAP will now work with PACFA and the ACA to seek appropriate legal and commercial advice on the required governance structures and regulations for the national Counsellors & Psychotherapists Register for presentation, ratification and nomination of appropriate government and private sector officers to enable the recognition of the unified independent register by the Department of Health and Aging in accordance with the requests of the Minister for Health and Aging in order to obtain:

- a) Provision of provider numbers for registered clinical counsellors who hold professional qualifications that would otherwise be accepted if the practitioner was accepted as a psychologist, social worker or other person who has been approved to provide services under the Better Access initiative.
- b) Provision of a new provider number for registered professional psychotherapists and counsellors holding qualifications from an approved Tertiary institution at the Bachelor level or Diploma level (Level AQF 5) or above and eligibility for membership of the relevant MA of either PACFA or the ACA
- c) Supply of a formal registration certificate for all persons classified as counsellors or psychotherapists under ANZSCO classifications setting out approved and recognised standards of professional performance and an indication of professional standing for work in the domain where a candidate for certification can demonstrate completion of a Counselling Course with at least 800 hours of formal professional education and required hours of direct client contact, supervision and professional development accepted by the PACFA and/or ACA for entry to their accredited courses and Member Associations.
- d) Establishment of an independent Ethics and Complaints Committee to hear appeals from decisions, where appropriate, from PACFA or ACA Compliance Committees or from persons seeking a professional review of certified counsellors and psychotherapists who are on the Register but who do not currently hold membership of an accredited Member Association.

Our consultations have confirmed that there is still a critical necessity to provide evidence that psychotherapists and counsellors are able to demonstrate an element of extended and proven clinical response to mental disorder beyond that available to the community from other allied health professions and/or proven extensions of access to mental health services across the nation.

To this end it is recommended that high priority be given in the coming year to seeking funding and research support for the conduct of research that will provide evidence of the contribution of psychotherapy and counselling to Primary and Preventative Intervention in the fields of Mental extensions beyond the Better Access initiative into related Education, Employment, Family Dysfunction, Health and Ageing provision that would benefit from the services of professional Counsellors and Psychotherapists.

### 3. Research and Professional Development

PACFA is pleased to acknowledge the assistance of the Commonwealth Government Department of Health and Ageing through the Mental Health Council of Australia in providing two significant grants to PACFA for capacity building and a grant to assist with developing two areas: an indigenous focus and consumer involvement in the 2011 Psychotherapy Conference. These grants have enabled PACFA to develop standards for Mental Health Practitioners (attached) and to develop a new section of the PACFA Register for Mental Health Practitioners later this year. PACFA is now an active contributor to the work of the MHCA in promotion of mental health and campaigns to promote social inclusion for those impacted by mental disorders and mental illness.

Member Associations have encouraged members to complete the online Australian Psychotherapy and Counselling Workforce Study being conducted in collaboration with the Society for Psychotherapy Research Collaborative Research Network. Details of this research appear in the Research Report and report from Latrobe University Professor Margot Schofield. We now need to gain a clearer understanding of the identity of the professions to help gain wider recognition of the value and contribution of psychotherapists and counsellors.

**Dr Colin Benjamin**  
**PACFA CEO**

## Training Standards Report from the PACFA AGM 2009

My apologies for not being able to attend the AGM and I offer the following brief report as a summary of the committee's action throughout the past year.

### **1. Main items of the Training Standards Committee Business**

Unfortunately due to health reasons I stepped down as Chairperson of this committee in April. I have however, continued as Acting Chairperson whilst the PACFA Board has sort a replacement. Peter Cantwell, Maggie Down and I have continued as the committee throughout the months until now answering general queries relating to training. We are very pleased that Dr Alison Strasser has nominated to take up the position as Chairperson of the Training Standards Committee. Peter, Maggie and I will remain serving on the committee.

The primary work of the committee has been focussed on further reviewing the Supervision Training Standards document and incorporating the feedback received from two Member Associations after the Council Meeting held in March 2009.

### **2. Draft Supervision Training Standards**

After much mulling over and further research, undertaken particularly by Maggie Down, the committee has brought the original Draft Supervision Training Standards document into a more coherent format.

I personally wish to express my gratitude to Peter and Maggie for all their dedication and thoroughness in thinking carefully through the numerous queries we have addressed as a committee. Similarly, I thank them for the clinical wisdom they have contributed to the further refinement of the Draft Supervision Training Standards.

Dr Strasser will bring a wealth of experience and specialist knowledge to the role as Chairperson of the Training Standards Committee and the task of advancing the Draft Supervision Training Standards. The committee members warmly welcome her.

*Alison has offered the following as an introduction to the role of Chairperson, Training Standards Committee:*

Until 2006 I was the Director, Academic Programs at the Australian College of Applied Psychology (ACAP). In this role I managed the Academic staff and contract Educators. This included overseeing the writing and delivery of the curriculum in both the Bachelor of Applied Social Science and the Grad Dip in Counselling, ensuring that the programs and the specific content matched the Training Standards as outlined in the PACFA guidelines. In my role, I initiated the development of the current Masters of Applied Social Science (Counselling) and was involved in the accreditation of a number of different programs.

For many years, I coordinated the Masters of Counselling which ACAP delivered in conjunction with UWS.

During that time I also completed my doctorate on the topic of supervision which entailed developing and delivering a training program for supervisors to match the learning outcomes that had evolved during the research process. Last year I set up the Centre for Existential Practice to offer Professional Development workshops to counsellors and psychotherapists – most of those who attend are experienced practitioners who wish to learn and integrate existential ideas into their practice. In the 18 months since inception, there has been an intense period of writing curriculum and delivering these workshops. Most recently we have delivered the training in supervision for experienced counsellors. Hence, my experience covers quite a broad array of training – from undergraduate to postgraduate – including both the university and private sectors – and includes various modes of delivery from face-to-face to distance learning (both paper-based and online).

In terms of publications: in 1997, I co-authored Time-Limited Existential Therapy with my father; wrote a chapter in his book on Emotions in 1999 and have a chapter in Emmy van Deurzen's forthcoming book on Existential Supervision to be published in September this year.

I am currently the President of ASCCANZ (Association for Supervision, Coaching and Consultancy of Australia and New Zealand) and run the AES (Australasian Existential Society). I am a clinical member of both CAPA and SCAPE. It would be an honour to take up the Chair of Training Standards – especially since the main agenda is currently to develop the training standards for supervision training.

Dr Alison Strasser  
Raws Creative Partnership  
0402 002 523

Thank you to everyone for your inquiries about PACFA training standards and as a committee we look forward to the year ahead.

**Karen Anderson**  
Acting Chairperson, PACFA Training Standards Committee

## **PACFA ETHICS Committee Report** **AGM 2009: Some Reflections on Ethics,** **Complaints and Reparation**

Ethics is the conscious reflection on our moral beliefs with the aim of improving, extending or refining those beliefs in some way (Hinman, 2008). Often the process of reflection commences when a difficulty crosses our path. Then we start thinking about what the situation means, and what we might do about it.

There are 2 central ethical concerns in such a process:

- what ought I do? which is about rules for actions and
- who ought I be? which is more about our character and our internal code.

While all MA's are required to have a Code of Ethics and be aware of the PACFA Ethical Principles document, in reality we get to really review the value of these documents when challenged. Every circumstance can make us feel like our documents are inadequate for the task. It is important to be able to tell the difference between all the nuances of individual situations that even the best of documents could never cover, and the ways in which our documents genuinely fall short. Otherwise we would be doing a rewrite after every situation.

PACFA'S documents have been very robust and useful for their purposes so far. However, it is time for a review, given their age, how practice has evolved, and to fit with the professional community standards and requirements. We encourage MAs to also review their documents on a regular basis, although this can seem like one of those tasks you never get to if there does not seem to be an immediate problem to address. Some of the things that we have been discussing with MAs in recent times have included:

- small organisations that do not have the membership or expertise to manage ethical complaints
- small organisations who are unable to hear complaints against their own members as no-one would be seen to have enough distance from the matter for a just process to take place
- organisations that have not got an ethical code in place
- organisations and members who do not know when an ethical issue is an ethical issue, or when something is worthy of investigation or report.

It can feel very difficult to stand in judgment of a colleague's behaviour. We need to believe the best of each other in order to do this challenging work. However, we have to note that our profession is no different from any other; people will be attracted to it for reasons that are less than we would like them to be. Others may work when they are burnt out, or incapacitated, or do not seek enough professional development or supervision to provide contemporary services. Like being a long term driver, we develop bad habits but seem to manage to stay on the road.

On the other hand, it is generally easier to assess other's behaviour than it is to evaluate our own.

It is in fact a professional duty that we uphold our own practice as well as the practice of counselling and psychotherapy. While we may want to practice principles of understanding and tolerance, these must not become an argument for turning away from poor practice. So often therapists are prone to do this.

We need to be in constant dialogue with our committees and between committees in searching for the best responses to dilemmas in our field. So often circumstances seem exceptional in some way. However if you can pare the content back, most often the principles of the situation and the transgression itself are incredibly clear. We have to be able to tolerate seeing situations for what they are, and not dress them up as something else, or complicate them unnecessarily. Judgment should be approached in a spirit of humility and self reflection (Hinman, 2008). We have to learn through our own shortcomings and the shortcomings of others. This is very uncomfortable. As I have said on previous occasions, there hasn't yet been an enquiry of the ethics committee where I haven't had reason to reflect on my own practice. This is a process of learning and growth, not policing and punishment. However, I must say again that our tendency as therapists to keep seeing problems as opportunities for growth must not be confused with a need to take a stand at times. We should also remember that many mistakes are ordinary, repaired by straightforward reaching out within relationships, for example, with an apology.

The committee is very open to ongoing dialogue with MAs on these matters. As I have asked before, we do need a pool of qualified people ready to be on complaint's committees, either for PACFA or for other MAs. We are often desperately scrabbling around for people to take part, and in contacting people we have heard of, you can imagine we can burn friendships quickly, but also lose that objectivity we require. Please contact if you are willing to be involved. As an update to my report, Kerrie James has had to resign due to work pressure, and David Leary will be leaving the country early next year for an extended period. So we are very open to another committee member joining.

We will be working hard on drafting updated documents and will be circulating them for your comments along the way. Please use this process to review your own documents and processes. A good test can be to ask the following:

- If our most senior and celebrated member was to subject of a complaint, what would we do?
- Who are the independents we call to sit on committees?
- What if one of our interns was complaining against a senior member?

- Could we establish a complaints committee right now that comprised members who didn't closely know most other members?

You can start this conversation now, but in any case, once PACFA documents are approved by Council, you will need to ensure compliance.

**Elisabeth Shaw**  
Chair, Ethics

## **CANBERRA October 2009:**

**Don't miss this exciting opportunity to be part of creating history**

### **Australia Dreaming: Coming Together**



Only very few places remain; Rooms already need to be expanded to cater for the large number of Delegates booking for some sessions.

Experience the wisdom and knowledge of Professor Peter Baume, keynote speaker in opening the conference and who delights in providing assistance to the creation of an entity such as ARCAP

**Book NOW** to avoid disappointment and ensure you save on airfares  and

accommodation  through the Conference secretariat

**An opportunity to meet and network with colleagues and friends and create fun and friendships; Meet members of the Board and Council and see some of beautiful Canberra. Check out the web site for details of the excellent papers and presentations.**

**Dates: Friday 2<sup>nd</sup> and Saturday 3<sup>rd</sup> October 2009**

**Venue: Hyatt Hotel Canberra**

**Go to: [www.pacfa.org.au](http://www.pacfa.org.au) and follow the link for the conference; look forward to seeing you there.**

#### **PETER BAUME AC**

The Honourable Emeritus Professor Peter Baume AC was Professor of Community Medicine and Head of School, University of New South Wales from 1991-2000. He was a Senator for New South Wales between 1974 and 1991; was successively Government Whip, Minister for Aboriginal Affairs, Minister Assisting the Minister for National Development and Energy, Minister for Health, Minister for Education, and a Minister in Cabinet. He was Chancellor of the Australian National University from 1994-2006, was Foundation Chair of the Australian Sports Drug Agency, a Commissioner of the Australian Law Reform Commission, Deputy-Chair of the Australian National Council on AIDS, President of the Public Health Association (NSW Branch), Patron of the Voluntary Euthanasia Society of NSW and holds other positions. He is the Chairman of the Alzheimer's Association in NSW. He is a physician who holds a doctorate, two honorary doctorates, and several fellowships and is a Companion in the Order of Australia (having previously been an Officer of the same Order). He has published extensively, reviews for a number of journals and has received a number of competitive grants



Psychotherapy & Counselling  
Federation of Australia

Psychotherapy & Counselling  
Federation of Australia (PACFA)  
invites you to the



**AUSTRALIAN DREAMING: COMING TOGETHER**  
2nd - 3rd October 2009  
Hyatt Hotel, Canberra

Welcome to the online registration, accommodation & travel booking service for the  
**Australia Dreaming: Coming Together Conference 2009**

## Conference Special Update

We are pleased to announce  
The Honorable Peter Baume AC  
will be opening the ACA/PACFA Conference 2009

Opening address is entitled  
"Achieving Our Dreams- converting hopes into realities"

The Honorable Emeritus Professor Peter Baume AC was Professor of Community Medicine and Head of School, University of New South Wales from 1991-2000. He was a Senator for New South Wales between 1974 and 1991. After which he successfully became a Government Whip, Minister for Aboriginal Affairs, Minister Assisting the Minister for National Development and Energy, Minister for Health, Minister for Education, and a Minister in Cabinet. He was Chancellor of the Australian National University from 1994-2006, a Foundation Chair of the Australian Sports Drug Agency, a Commissioner of the Australian Law Reform Commission, Deputy-Chair of the Australian National Council on AIDS, President of the Public Health Association (NSW Branch), Patron of the Voluntary Euthanasia Society of NSW and holds other positions. He is the Chairman of the Alzheimer's Association in NSW. He is a physician who holds a doctorate, two honorary doctorates, and several fellowships and is a Companion in the Order of Australia (having previously been an Officer of the same Order). Peter Baume acted as the independent chair of the Working Party that has led to the establishment of the Australian Register of Counsellors and Psychotherapists (ARCAP) this year. (2009)

## Announcement

PACFA is delighted to advise that it has arranged a new combined professional indemnity and general liability insurance policy for members. This policy has been specifically designed for members that join the PACFA and National Register.

PACFA worked closely with Rowland House Insurance Brokers (Aust) Pty Ltd to establish this policy that offers:

- Fantastic Premiums
- Ideal coverage
- Blue chip insurer security (CGU Insurance Ltd)
- Easy to use on-line transaction platform

### **Policy features include:**

- Treatment risk protection (Professional Indemnity)
- \$10,000,000 Public and Products Liability Protection
- Legal costs cover up to \$100,000 for disciplinary enquiries
- Teachers Liability
- Nil Excess
- Automatic cover for Locums up to 30 consecutive days

Prices start at under \$150 for 12 months cover and limit options available up to \$10,000,000.

This policy can be purchased on-line at [www.einsurance.com.au](http://www.einsurance.com.au). The process is very simple:

1. Log on to [www.einsurance.com.au](http://www.einsurance.com.au)
2. Click the "Register here" box, enter details and submit application.
3. You will then receive an email displaying your username and password
4. Return to Home Page ([www.einsurance.com.au](http://www.einsurance.com.au)) and click the "Login here" box.
5. Complete application.

Once you have completed the short application, quotation options will be displayed and you can purchase on-line. A certificate of currency and tax invoice will be immediately available when payment has been confirmed.

We encourage all members to support this new member benefit service and product.

Should you have any questions concerning this insurance policy or any other insurance related enquiry, we encourage you to call Rowland House on 1800 642 799 and ask for Fiona or Deanna."

Please let me know if I can assist you further.

Kind regards,  
David

**David Federici**  
**General Manager**

**Email:** [davidf@rowlandhouse.com](mailto:davidf@rowlandhouse.com)

**Phone:** +61 3 9530 2900

**Fax:** +61 3 9530 2099

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## *MEDIA RELEASE*

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AUSTRALIAN SENATE

### **New Senate inquiry into Suicide in Australia**

The Senate has today referred to the Community Affairs References Committee an inquiry into suicide in Australia.

Senator Rachel Siewert, Chair of the Committee, stated: "Today is World Suicide Prevention Day. It is therefore apt that the Senate has referred this inquiry to the Committee on this day."

"Suicide in Australia is a significant community health issue and its incidence is alarming: in 2007, 1,880 people took their own life, and a national survey in the same year found that some 500,000 people will make a suicide attempt at some time during their lifetime. Lifeline has reported that suicide is the number one cause of death in males aged 15 to 44 years. Suicide rates of Indigenous youth and in rural communities remain high."

Senator Siewert went on to comment that: "Suicide has a devastating impact on individuals, families and communities. There is a huge cost in terms of grief and trauma as well as substantial financial cost to the Australian community."

'The Committee will conduct a wide-ranging inquiry and investigate issues including the personal, social and financial costs of suicide in Australia, the accuracy of suicide reporting, the role of support agencies and public awareness programs, and the effectiveness of the National Suicide Prevention Strategy'.

The Committee invites submissions from government, relevant organisations and individuals addressing the Committee's terms of reference. Submissions are due by 20 November 2009.

A copy of the Committee's terms of reference is attached.

For further information contact:

Senator Rachel Siewert, Chair  
Mr Elton Humphery, Secretary

(02) 6277 3587  
(02) 6277 3515

10 September 2009

## **SENATE COMMUNITY AFFAIRS REFERENCES COMMITTEE**

### **INQUIRY INTO SUICIDE IN AUSTRALIA**

#### **TERMS OF REFERENCE**

On 10 September 2009 the Senate referred the following matter to the Community Affairs References Committee for inquiry and report by the last sitting day in April 2010:

The impact of suicide on the Australian community including high risk groups such as Indigenous youth and rural communities, with particular reference to:

- a) the personal, social and financial costs of suicide in Australia;
  - b) the accuracy of suicide reporting in Australia, factors that may impede accurate identification and recording of possible suicides, (and the consequences of any under-reporting on understanding risk factors and providing services to those at risk);
  - c) the appropriate role and effectiveness of agencies, such as police, emergency departments, law enforcement and general health services in assisting people at risk of suicide;
  - d) the effectiveness, to date, of public awareness programs and their relative success in providing information, encouraging help-seeking and enhancing public discussion of suicide;
  - e) the efficacy of suicide prevention training and support for front-line health and community workers providing services to people at risk;
  - f) the role of targeted programs and services that address the particular circumstances of high-risk groups;
  - g) the adequacy of the current program of research into suicide and suicide prevention, and the manner in which findings are disseminated to practitioners and incorporated into government policy; and
  - h) the effectiveness of the National Suicide Prevention Strategy in achieving its aims and objectives, and any barriers to its progress.
-

## Training and Professional Development

### MELBOURNE

#### **The Australian Psychoanalytical Society is holding two public conference days in Melbourne**

2<sup>nd</sup> September (evening lecture) 'Is our sexuality our own? A developmental model of sexuality'; 4<sup>th</sup> September 2009 Towards A secure base - exploring contemporary issues in Attachment theory'; 5<sup>th</sup> September 2009 'Playing with reality'

More information from <http://www.psychoanalysis.asn.au/home>

**Master of Psychoanalysis** : In collaboration with Victoria University, the ACP offers a rigorous program of theoretical and clinical studies in psychoanalysis. Contact Dr Leonardo Rodriguez (03) 9349 3462 or [LeonardoSRodriguez@bigpond.com](mailto:LeonardoSRodriguez@bigpond.com)

#### **3rd Australian and New Zealand Acceptance and Commitment Therapy Conference**

November 13th to 15th, 2009 - University of Melbourne,

Details on [www.actanz.com](http://www.actanz.com)

#### **3rd Australian and New Zealand Acceptance and Commitment Therapy Pre-Conference Workshop with Kirk Strosahl**

'Supercharge your ACT case conceptualisation and intervention skills'

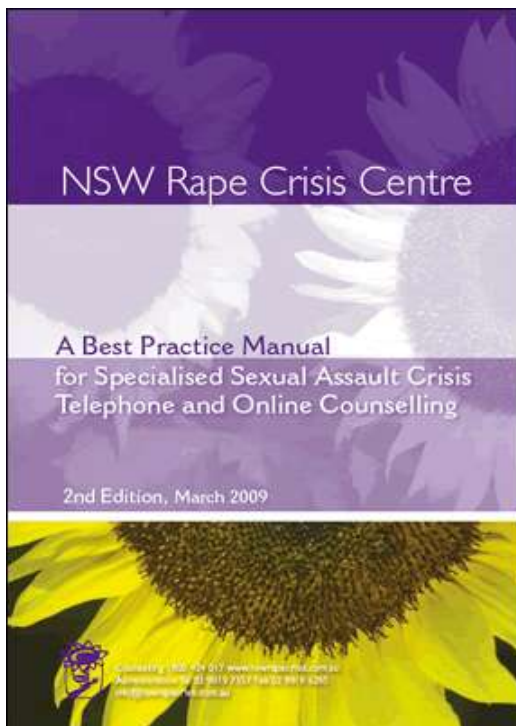
November 11th to 12th, 2009 - University of Melbourne,

Details on [www.actanz.com](http://www.actanz.com)

#### **Gestalt Therapy Australia: Centre for Relational Skills Training and Psychotherapy Education**

Information evening for Advanced Certificate of Relational Gestalt Counselling and the Advanced Diploma of Relational Gestalt Psychotherapy Thursday 22nd of October 2009 at 7pm , 333 Heidelberg Road Fairfield. For all enquiries call Theresa Roa on (03) 94896300 or Email:[gta@ozonline.com.au](mailto:gta@ozonline.com.au) or visit our website at [www.gestalt.com.au](http://www.gestalt.com.au)

## **A Best Practice Manual for Specialised Sexual Assault Crisis Telephone and Online Counselling, 2nd Edition**



It is every person's human right to a life free of violence and when violence occurs, it is their right to receive compassionate professional assistance in their recovery. The NSW Rape Crisis Centre aims to be a Centre of excellence in the provision of services to anyone who has experienced sexual violence.

The *Best Practice Manual for Specialised Sexual Assault Telephone and Online Counselling, 2nd Edition* guides and informs the work of the NSW Rape Crisis Centre Counsellors and similar professionals so that these rights may be upheld and this aim achieved.

The manual incorporates a feminist framework and adopts a feminist analysis of sexual assault. The impacts of trauma are discussed and resultant mental health concerns are conceptualised within a trauma model, an alternative model to that often presented within the medically oriented mental health field.

March 2009, ISBN: 978-0-646-50938-9

\$50.00 plus postage and handling - to order go to:

<http://www.nswrapecrisis.com.au/Resources/CounsellingHandbook.htm>



**NSW Rape Crisis Centre** - PO Box 555, Drummoyne NSW 2047

Counselling 1800 424 017, Rape Crisis Online and Website

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

## Professional Training with Dr. Alexander Esterhuyzen

Senior Jungian Analyst and Vice-President ISST, London

*"Often the hands will solve a mystery that the intellect has struggled with in vain."* C.G. Jung  
Offers practicing therapists professional development towards international recognition and training in sandplay therapy by the *International Society for Sandplay Therapy (ISST)*.



## SANDPLAY THERAPY

- **MYTH AND SYMBOL IN SANDPLAY**

Provides a practical applied introduction to the concepts of sandplay therapy. Case material from adults and children is used. Extends from the previous training in April.

**One day workshops: Brisbane 17 October, Melbourne 24 October, Sydney 31 October 2009, \$195.00.**

- **GROUP SUPERVISION**

Limited to eight participants. Opportunity to present a case study allows participants to further develop their therapeutic skills in a supportive learning environment.

**Brisbane 19–20 October, Melbourne 22–23 October 2009, \$415.00.**

- **MASTERCLASS: SANDPLAY THERAPIST PROFESSIONAL DEVELOPMENT**

Attendance by application. 9 am – 1 pm.

**Brisbane 18 October, Melbourne 25 October, Sydney 1 November 2009, \$125.00.**

**REGISTRATION:** Roman Ilgauskas (03) 9537 2384, [romani@netspace.net.au](mailto:romani@netspace.net.au)  
**MORE INFO:** [www.jungdownunder.com/sandplay/sandplay\\_home.htm](http://www.jungdownunder.com/sandplay/sandplay_home.htm)

# ASCCANZ

[www.asccanz.org](http://www.asccanz.org)

Association for Supervision Coaching  
& Consultancy Australia & New Zealand

## ASCCANZ Annual Conference & AGM ~ "Ethics as a Reflective Practice"

*A day of workshops to discuss and debate ethical issues that arise in our everyday supervisory practices\**

### Friday 30 October 2009

#### Program:

**Controversies** – opening discussion – Dr Alison Strasser & Maxine Rosenfield

**What is ethical supervision?** - workshop – Elizabeth Riley

**A holistic perspective on ethics in supervision** – workshop – Dr Alex Nelson

**Location:** 3 Church Street, Waverley, Sydney

**Time:** 9:00am to 4:00pm

**Cost:** ASCCANZ members FREE  
non-members \$110

#### Application:

To book your place, choose one of the following options:

1. ASCCANZ member send an email to [info@asccanz.org](mailto:info@asccanz.org)
2. Non-member send an email to [info@asccanz.org](mailto:info@asccanz.org) and transfer the \$110 to:  
Account Name: ASCCANZ | Account No: 125939695 | BSB: 112-879
3. Post a note with your application and include a cheque payable to ASCCANZ to the address below.

**For further information please contact:** ASCCANZ 3 Church St, Waverley, NSW 2024 | ph. +61 2 9386 1488 | email. [info@asccanz.org](mailto:info@asccanz.org)

## 2009 Radix Australia Conference Engaging with the Intensity of Life...

24th October 2009  
Melbourne  
8.45am-5.30pm



**Session 1 - Radix Grounding & Centering  
for Enhancing Self Confidence with  
George Gintilas**



**Session 2 - Radix & Self Expression with  
Janet Schwarz**



**Session 3 - Boundaries - The Power of  
Your Skin & Body with Robyn Bull**



**Session 4 - The Core of the Matter -  
Emotions - When to Express and When  
Not? with Narelle McKenzie**



### Registration Details

- |                          |                                                                                |          |
|--------------------------|--------------------------------------------------------------------------------|----------|
| <input type="checkbox"/> | Early Bird discount for registrations made prior to Friday 11th September 2009 | \$150.00 |
| <input type="checkbox"/> | Registrations made after Friday 11th September 2009                            | \$190.00 |

**Conference Venue:** The 2009 Radix Australia Conference will be held at the Elwood Centre for Wellbeing, Suite 1B, 41 Glenhuntly Road, Elwood.

**Registration includes:** Morning and afternoon tea and buffet lunch. We will provide vegetarian & gluten free foods. People with other special needs will need to provide it themselves.

**To Register Send Your Cheque Made Payable to:  
Australian Radix Body Centered  
Psychotherapy Association  
Elwood Centre for Wellbeing, Suites 1A & 1B,  
41 Glenhuntly Road, Elwood, 3184  
Or Telephone Siobhan on 0451 303 829**



## Deciding about a course?

Do you want to work with people using an approach that prioritises relationships and connection?

Do you want to help in ways that are creative, present-centred and health oriented?

If these are significant interests in your professional development then our innovative relational gestalt education and training program is for you.

GTA integrates *relational* philosophy, gestalt therapy, evidence based practice and a range of mental health competencies into professionally relevant and personally enriching courses for counselling and psychotherapy professionals.

### GTA offers :

- Education Programs
- Personal Development
- Supervision Groups
- Professional Development
- Psychotherapy Groups
- Group Process training

### education centre

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E: [gta@ozonline.com.au](mailto:gta@ozonline.com.au)

[www.gestalt.com.au](http://www.gestalt.com.au)



Centre for Relational Skills Training  
and Psychotherapy Education



# WORLD DREAMING 6TH WORLD CONGRESS FOR PSYCHOTHERAPY 2011

SYDNEY CONVENTION  
AND EXHIBITION CENTRE  
24–28 August 2011

[www.wcp2011.org](http://www.wcp2011.org)

## PRELIMINARY ANNOUNCEMENT AN INVITATION TO SYDNEY, AUSTRALIA

The 6th World Congress for Psychotherapy will be held at the Sydney Convention and Exhibition Centre, Australia from 24–28 August 2011.

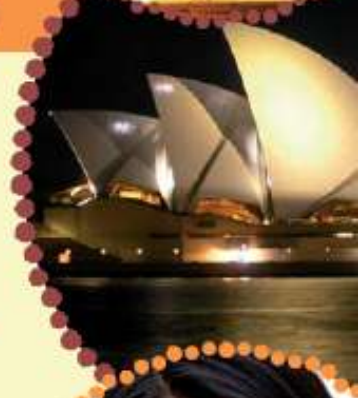
This will be the largest congress of its type ever to be held in Australasia with 3,000 – 5,000 delegates being expected to attend. All major schools of psychotherapy will be represented. The venue will be the Sydney Convention Centre at Darling Harbour. The World Congress is coming to Sydney as the result of winning a competitive bid process, joint with Australia and New Zealand, decided at the 4th WCP Congress in Buenos Aires in 2005.

This occasion presents a unique opportunity for all those involved in the practice of psychotherapy to contribute to the development of the profession within Australasia and Globally.

The members of the Organising Committee Louise Newman, Margaret Morice, Phil Graham, Margot Schofield, Roy Bowden, Sophie Holmes, Tim Johnson-Newell and Anthony Korner have great pleasure in inviting you to visit Australia for this.

The Host City – Sydney is a dazzling and vibrant cosmopolitan city built around one of the world's most famous harbours. Sydney has a wide range of attractions including art galleries, museums, theatres, opera and music as well as parks, gardens, sparkling beaches and the harbourside Taronga Zoo. Sydney's restaurants reflect its multicultural diversity with an exemplary choice in all cuisines.

The Organizing Committee,  
World Council for Psychotherapy



## PACFA eNews Advertising Guidelines

PACFA eNews is the electronic newsletter from the Psychotherapy and Counselling Federation of Australia published every two months and also available on the PACFA website ([www.pacfa.org.au](http://www.pacfa.org.au)).

### Schedule of Issue

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#### 2009

May/June	Submissions received by 26 <sup>th</sup> June 2009 for publication in early July 2009
July/August	Submissions received by 28 <sup>th</sup> August 2009 for publication in early September 2009
September/October	Submissions received by 23 <sup>rd</sup> October 2009 for publication in early November 2009
November/December	Submissions received by 18 <sup>th</sup> December 2009 for publication end of December 2009

### Bookings and Payment

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Please provide your advertisement and booking form before the submission date as PACFA only accepts a limited amount of advertising for inclusion in each issue of the PACFA eNews.

### Rates

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<b>UNIT</b>	<b>SIZE</b> (width x height)	<b>PRICE</b>
Full page	20cm x 27cm	\$530
½ page	20cm x 13.5cm	\$330
¼ page	10cm x 13.5cm	\$150
1/8 page	5cm x 6.75cm	\$110

### Special Offer for PACFA Member Associations

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- All PACFA Member Associations may include details of forthcoming conferences and professional development opportunities in the PACFA eNews. **There is no cost to Member Associations for these line ads.**
- **Member Associations** are entitled to a **10% discount** on the advertised rates.  
All advertising - both free and paid advertising – must be sent to [sam@pacfa.org.au](mailto:sam@pacfa.org.au) within the timeframe specified

### Artwork

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Artwork is to be sent to the PACFA office as an email attachment. Preferred document types: jpeg or Word. For full Advertising Guidelines please see the PACFA website: [www.pacfa.org.au](http://www.pacfa.org.au) or email [sam@pacfa.org.au](mailto:sam@pacfa.org.au)

### Submission of News and Articles

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We welcome your feedback and input in the form of news, views, poetry, letters, articles etc. Please forward these to Rosemary Watkins at [rosem.bftc@westnet.com.au](mailto:rosem.bftc@westnet.com.au) by the date/s noted below.

**May/June:** Submissions received by 12<sup>th</sup> June 2009 for publication in early July 2009

**July/August:** Submissions received by 14<sup>th</sup> August 2009 for publication in early September 2009

**September/October:** Submissions received by 16<sup>th</sup> October 2009 for publication in early November 2009

**November/December:** Submissions received by 11<sup>th</sup> December 2009 for publication end of December 2009