

David Bridges

Relationship and Individual Counsellor / Marriage Counsellor
MCouns, DipChrisCouns, CCAA (Clin), PACFA (Reg No. 20371)
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To find this pdf page on the internet, just google: david bridges counsellor

Enquiries/bookings: 0415 752 544

Relationship and Individual Counsellor – David Bridges

Dear Client – For your information, or to pass on if you wish to recommend me to others.

What I do

My specialty is **Relationship and Individual Counselling**. I have been working professionally as a counsellor for 12 years.

I specialise in short term practical counselling and long term couple and individual therapy. Areas I specialise in: marriage, relationships, couples and individuals, communication, managing difficult emotions or distress, affairs, abuse, family violence, anger management, addictions, grief and loss, and major life adjustments.

Locations

I work in private practice, afternoons and evenings, in centrally located professional offices at:

- **North Parramatta – Burnside Shopping Village**, 7/1 Blackwood Pl, Oatlands, cnr Glencoe Av.
My office is easy to find – on the right end, around the corner of the dress shop – ample free parking.

Look for the sign **Bridges Counselling**, which is the team practice of counsellors and psychologists I manage. Parramatta bus 548 stops near Glencoe Av.

- **Blacktown** (Hillsong CityCare) – 125 Main St, cnr Sunnyside Rd – on ground floor at very left end.

Qualifications and Registration as a Counsellor

My highest qualification is a Master of Counselling from the University of New England. I provide supervision to other counsellors.

As with other professionals, there is a national register of professional counsellors and therapists called the PACFA Register (www.pacfa.net.au). There you can verify my **PACFA registration at Clinical level**, and that I meet PACFA standards in ethics, training, professional development and accountability. I am also registered as a **Clinical Member** and Accredited Supervisor of CCAA, the Christian Counsellors Association of Australia Inc.

Between Sessions

I can be called between sessions to change appointments, or for brief matters that cannot wait. You may have strong feelings and reactions after a session. Feel free to ring me if necessary, as it may be important to work through these reactions in your next session and find a way forward.

Confidentiality

Counselling is confidential, in line with standard professional practice. If you need further details, please discuss this with me. Personal information will be collected that is necessary for assessment and counselling. Any such information, along with written communications, will be kept on file in locked storage.

Fees

My day fee is \$90 per hour. My fee after 5pm is \$110. Same day cancellations, or failing to show, will generally incur the full session fee.

Please discuss fees with me if there are concerns as there are options that may help you financially. I will inform and discuss with you any changes in fee, which may operate from January or July each year.

These fees are unable to be claimed from Medicare. Medicare does not cover relationship counselling. While most Health Insurance Funds do not recognise counselling as a claimable expense, please check with your Health Fund to determine your eligibility to make a claim.