



## CCAA (Vic) Christmas Letter 2011

I love this time of the year and the ongoing challenge to “await the coming of our Lord” Yes, I gain strength in knowing that I have not arrived but am in the process of the journey.

It is good to have travelled the year and be winding down. I have also enjoyed meeting up with a lot of you at our regular PD's throughout the year and will look forward to meeting some of you at our first PD in February. This PD will be addressing, “Understanding the Impact of Personality Disorders” with Helen Richardson

In early November the Executive met and had our last meeting for the year which was our annual Planning Day. This is a meeting where we work through what is working and what we need to change. We have increased our Executive by two members adding a Good Governance Chair which has been filled by Peter Mauger and a Membership Chair which is being filled by Faye West. Both of these roles have been well managed by Chris Brown in the past but our growth has led us to appoint others to develop these two areas.

Early in November I made time to go the launch of ARCAP. This is the professional body that will represent counselling and address counselling issues with the Government. It is another step of growth that has been along time in coming and we congratulate the people in PACFA who have worked so hard to bring it into being. We also support them in their efforts to evaluate those who are applying for the Mental Health Practitioner. This is a growing area and they would like some more people on the committee so if you are a Clinical member, have a Medibank provider number and would like a new challenge this could be for you (It is an Australian wide committee that is held by teleconference) so please let me know if this interests you.

Another development with the accreditation of Supervisors has been an increased interest in group supervision, so I encourage you to look around because they are a cheaper alternative and a marvellous way of connecting, supporting, sharing and learning from others.

In closing the year I would like to join with the palmist in encouraging you to “Serve the Lord with gladness and come before his face with songs of joy” as we celebrate the coming of the Lord and spend time with our friends and families.

Maureen Ireland

CCAA (Vic) President