

20 May 08

Dear Colleague

I am writing to you because you either are or have been supervising a Christian Heritage College student in their counselling practicum.

You are probably aware that PACFA (Psychotherapy and Counselling Federation of Australia) have been working on training standards to help counselling become a recognised profession in Australia. One of the ways they have been doing that is to require that people who are supervising students or other counsellors have training in supervision. In response to this we are offering a unit in supervision next semester. While you may have been trained as a supervisor you may know others who could benefit from this unit.

The unit is: HB576 Supervision.

It is offered as two intensives, 9am – 5pm, Friday to Sunday 15-17 August plus Saturday and Sunday October 4-5.

If you would like to enrol in the unit as a one-off you can do so. The cost is \$1200. If you prefer you can defer fees by enrolling in a course such as the Graduate Certificate of Human Behaviour. (See <http://www.chc.edu.au/graduate-certificate-in-human-behaviour>)

The lecturer for the unit is Doug Sotheren

Doug Sotheren (B.A., M.Th., Dip. R.E., AARC., CCA.) first trained as a marriage counsellor in 1970 - 1973. He has undertaken further training in Gestalt, Family and Somatic Therapy. For eight years he operated a counselling centre in Western Sydney and then was involved in the creation of the LifeCare Counselling Service in Sydney. He has been training Counsellors and leading intensive workshops since 1975.

His experience includes over 27,000 hours of counselling and thousands of hours of group training in the field of personal and marital counselling. He is in private practice as a counsellor/clinical supervisor, and human relations' trainer on the Central Coast. He has acted as consultant for various agencies and Government departments in the areas of counselling, grief, and family dynamics. His current practice includes counselling, training in Body focused and couple counselling and clinical supervision for both individuals and groups in government and non-government organisations.

He is a Clinical Member and Registered Supervisor of Australian Association of Relationship Counsellors, and a clinical Member of Christian Counsellors Association. He is an ordained Baptist minister, has a B.A. in Sociology and an M.Th. with a focus on family systems. Over the past 20 years his growing edge has been in exploring the integration of a body focus into the practice of relationship.

It is possible to audit the unit (Cost: half price plus GST) but I would encourage you to do the full assessment so that it is clear for any future professional developments that you have completed the training. There is a video assignment, and a reflective essay. Please feel free to contact me ialexander@chc.edu.au if I can be of any help.

Shalom

Irene Alexander
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