



# in association with Tabor Adelaide presents:

CCAA(SA) is pleased to begin our Professional Development meetings with Ione Lewis who will present 3 stand alone workshops on Trauma. We believe that you will gain some very useful skills and a greater understanding of the impact of trauma on the lives of our clients as well as strategies for managing vicarious trauma in the counsellor.

<p><b>Trauma Workshop 1 Monday 22<sup>nd</sup> February 7 – 9pm:</b></p> <ul style="list-style-type: none"> <li>Experiences of acute and repeated traumatic events</li> <li>Alterations in brain and physiological functioning</li> <li>Traumatic adaptations in cognitive schemas and relationships illustrated with case studies</li> <li>Strategies for regulation of intrusive re-experiencing of trauma (experiential exercises)</li> </ul>	<p><b>Trauma Workshop 2 Sunday 28<sup>th</sup> February 12 – 3pm</b></p> <ul style="list-style-type: none"> <li>Evidence-based therapy interventions for trauma</li> <li>Interventions for working through trauma histories and numbing/shutting down responses to trauma including case studies</li> </ul>	<p><b>Trauma Workshop 3 Sunday 28<sup>th</sup> February 3.30 – 5pm</b></p> <ul style="list-style-type: none"> <li>Therapist responses to clients' trauma histories – vicarious traumatisation, common countertransference responses, burnout</li> <li>Strategies for self care</li> <li>Positive changes from working with trauma – posttraumatic growth, spirituality and buffering against traumatic events</li> <li>Finishing up: information on PACFA and ARCAP</li> </ul>
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Associate Professor Ione Lewis (University of Canberra) has trained as a social worker and psychotherapist with ANZAP in the self psychological model. She is the Vice President of both SCAPE and PACFA. She has specialized in trauma therapy and has been an approved victims of crime counsellor with the NSW Attorney General's Department. She has worked extensively with victims of sexual assault, domestic violence, single event trauma (home invasions and armed robberies) and families bereaved by homicide. Ione has a long involvement in developing and teaching courses in postgraduate counsellor education and has researched and published on the professional identity of counsellors and psychotherapists, client perceptions of counselling outcomes, violence against women and evaluation of individual/group counselling services.

<b>Cost:</b>		CCAA/PACFA members	Non-members	CCAA Student	Student
Workshop 1	Mon 22 <sup>nd</sup> 7-9 pm	\$10.00	\$25.00	\$ 5.00	\$10.00
Workshop 2	Sun 28 <sup>th</sup> 12-3 pm	\$15.00	\$30.00	\$ 7.50	\$15.00
Workshop 3	Sun 28 <sup>th</sup> 3.30-5 pm	\$ 7.50	\$20.00	\$ 5.00	\$ 7.50
<b>TOTAL</b>		<b>\$32.50</b>	<b>\$75.00</b>	<b>\$17.50</b>	<b>\$32.50</b>
If registered and paid by 14/02/2009		<b>\$25.00</b>	<b>\$60.00</b>	<b>\$12.50</b>	<b>\$25.00</b>

For further information contact Dominie Nelson on 0419 861 530 [dnelson@adelaide.tabor.edu.au](mailto:dnelson@adelaide.tabor.edu.au)

✂ ----- Cut off here and return to CCAA(SA) PO Box 927 Unley SA 5041.-----

Name:	
Email:	
Telephone:	
Type of Membership: (if applicable)	

Workshop	Payable
1	\$
2	\$
3	\$
ALL	\$
Tick each attending	
AMOUNT PAID	\$

Payment can be made by cheque/money order OR direct payment to CCAA(SA) Account- State Bank - BSB: 105075 Account No. 046967640 Please quote Name on payment and deposit no.